



Empowering
Ability

EXPERT CARE SERVICES

EMPOWERING ABILITY

ABN 79 640 879 054

The NDIS logo, consisting of the lowercase letters 'ndis' in white on a purple rounded rectangular background.

REGISTERED
PROVIDER

WHO WE ARE

Expert Care Services is owned and operated by highly skilled and experienced healthcare professionals who want to offer community-based practical solutions to optimise the quality of life of people living with disabilities.

ACCOMMODATION SERVICES

We provide 24-hour day-to-day support with the following:

- ✓ Assistance with house hold tasks like cooking and cleaning
- ✓ Accessing social and community activities
- ✓ Personal care
- ✓ Travelling to and from to attend appointments and more
- ✓ Supports with day-to-day tasks

REGISTERED NURSE SERVICES

- ✓ Catheter care, changes and management of private and NDIS participants
- ✓ Wound management private and NDIS participants
- ✓ Diabetes management-including insulin administration private and NDIS participants
- ✓ Managing your medication private and NDIS participants



NDIS RECOVERY COACHING

Our recovery coaches are well-versed in the NDIS and have specialised training and expertise in helping people with mental health challenges lead fulfilling lives.

SUPPORT COORDINATION

Our Support Coordinators assist you in organising your support, working with you to develop the knowledge, skills and confidence you need to set and achieve your goals in the future, which can be very empowering.

WHAT WE OFFER

- ✔ NDIS based- Mental Health Nurse Services
- ✔ Community Nursing Services
- ✔ Support Coordination and Recovery Coaching
- ✔ Community Participation
- ✔ Support with daily activities
- ✔ Group Activities
- ✔ Emergency Accommodation and respite care on a Short-Term Basis (STA)
- ✔ Medium-Term Accommodation (MTA)
- ✔ Supported Independent Living (SIL)
- ✔ Assistance with NDIS access request application
- ✔ Assistance with the transition of care from the hospital to the community



LOCATION

Blacktown Office:

1 Napier Street Rooty Hill, NSW, 2766

Kingwood office:

3/240 Great Western Hwy, Kingwood NSW



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